

Neville Wadia Institute of Management Studies & Research

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Analects of Extension Activities

Objective

The objectives of the National Service Scheme (NSS) are to develop students' personality and character through community service. Key goals include:

- 1. **Community Engagement**: Encouraging participation in social service activities.
- 2. Leadership: Developing leadership skills and responsibility.
- 3. Social Awareness: Raising awareness of societal issues.
- 4. **Skill Development**: Enhancing practical skills through service.
- 5. **National Integration**: Promoting unity through community interaction.

2022-23 Life-saving interventions in emergency situations at Red Cross



Figure 1MBA student at the Red Cross camp for life saving emergency

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2022-23 Mission zero snake bites Red Cross

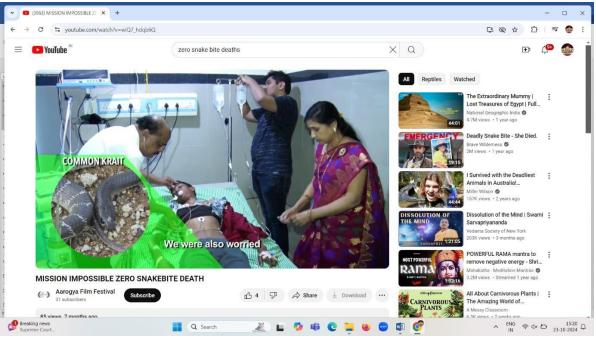


Figure 2Mission zero snake bite at red cross camp, video by Dr Raut

Mission Zero Snake Bite deaths

The post lunch session stared with a documentary about 'mission zero snake bite deaths' of Dr. Sadanad Raut and Dr. Pallavi Raut. The documentary showed the reality of snake bites in rural India. After the documentary Dr. Sadanand Raut informed us about the topic and severalty of the snake bites in some cases. After years of study he has found that in Maharashtra there are mainly 4 venomous snakes, which are common and deadly. He explained how to differentiate the symptoms for each snake bite and primary care provided to the victim until he reactes to the nearest hospital. He also spoke about the myths and



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misconception about the remedies of snake bite and how it causes harm to the victim and most of the times even cause deaths. He also showed us how to wrap a bandage or cloth on the victim of snake bite.

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2022-23 Disaster preparedness and planning at Red Cross

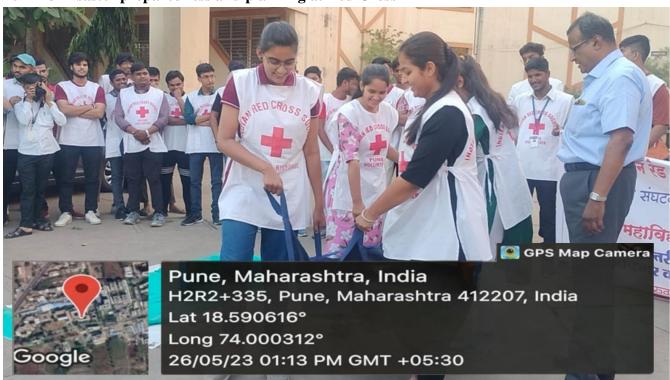


Figure 3MBA student Mayuri Deshpande participating in Disaster prepardeness in Red Cross Camp

Mr R.V.Kulkarni, the secretary of red cross society Pune and a volunteer working as red cross volunteer for more than 48 years. He spoke about disaster preparedness and planning. Never rush to the disaster affect areas without information and planning. He shared his personal experiences as a volunteer and showed the importance of resource allocation. He showed the reality of volunteering and how you have to be prepared

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2023 Special Red Cross Camp –Out Reach by Red Cross

Red cross society's 3 Day residential camp for disaster management at BJS College from 25th to 28th May 2023. Day 1 (25/05/23). Lecture on Global Warming by Dr. Sanjay Kharat highlighting human impact on the environment. Fire Safety session with a retired officer focusing on fire principles and life-saving techniques. Informative session about the Red Cross Society's history and principles.



Day 2 (26/05/23):Official inauguration by Lt. General Shekatkar, sharing war experiences and concerns about youth mobile usage.CPR session by Dr. Shah emphasizing life-saving techniques. Traffic Awareness and Safety session by Police Sub-Inspector Chandrakant Raghavaak. Women Safety session by Mrs. Alka discussing legal aspects and precautions. Cultural program showcasing social issues and talents.

Day 3 (27/05/23): First Aid principles and wound management session by Alka focusing on emergency care. Awareness on addiction with personal testimonial and documentary screening. Blood Donation awareness and benefits session by Dr. Pournima Rao. Snake Bite awareness and management session by Dr. Sadanad Raut. Disaster Management planning session by Mr. R.V. Kulkarni sharing volunteer experiences. Sky Reading session exploring astronomy and constellations.

Day 4 (28/05/23): Eradication of superstitions session with practical experiments by Dr. Sanjay Gayakwad. Presentation on psychological issues by Dr. Bharat Desai focusing on mental health and social influence. Discussion on post-camp volunteer activities and leadership qualities by Dr. Prakash Choudhari.Closing ceremony with dignitaries emphasizing character development and peer learning. The camp concluded with best wishes and a sense of camaraderie among the participants, highlighting the importance of learning, service, and friendship in building a better society 10 Students of MBA part I participated for learning life skills, disaster management, handling pshycological issues in youth. The co-ordinator for the event was Dr Anuradha D

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23/03/2023 Visit to Orphanage Home Objectives of visiting an orphanage include

Providing Resources: Supplying essentials like food, clothing, and educational materials. The visits aim to positively impact the children's lives and promote a culture of care.



Figure 4Dr Anuradha Faculty donating gas stove at Orphange



Dr. Anuradha's visit to Dyandeep Balgruh orphanage in Dighi, where she supported children through the donation of essential medicines and a gas stove, reflects her dedication to improving the health care and living conditions of the children. Her charitable initiative aims to enhance the daily lives of children aged 0 to 15 years, showcasing her ongoing commitment to their well-being.

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30/11/22 Blood Donation Camp Under NSS







Figure 5Faculty of NWIMSR at the Blood donation camp

Neville Wadia organized a blood donation camp in collaboration with the Blood Bank of Sassoon Hospital, Pune, on November 30, 2022. The event was inaugurated by Dr. Vrushali Randhir, In-Charge Principal of Ness Wadia College of Commerce. The camp commenced at 9:00 a.m. with a brief inaugural ceremony. During the ceremony, Dr. Vikas Dole, Head of the MBA Department, extended a warm floral welcome to the team from Sassoon Hospital. In his address, Dr. Dole expressed gratitude to the NSS unit for its consistent efforts in organizing such initiatives. He also emphasized the increasing demand for blood in the state and praised the young volunteers for their commendable service. The camp witnessed an overwhelming response, with more than 250 volunteers from the Wadia College Campus participating, including teaching and non-teaching staff, students, and external donors. By the end of the camp, a total of 118 units of blood were collected. To help donors regain their energy post-donation, they were provided with bananas, biscuits, and Frooti. Each donor also received a blood donation certificate and a small token of appreciation.

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18/07/2022 Blood Donation Camp



Blood donation camp was held on 18th July 2022 in collaboration with Akshay Blood Centre, Hadapsar, Pune – 411028. The camp was initiated by Prof. Vinod Kishan Lalbeg (Asst. Prof.) and was successful handled by MBA-I students lead by Mr. Vivek Gurav. The Team promoted the blood donation camp on various social media platforms as well as in the neighbouring colleges. The blood donation camp started around 11am and went up to 3pm. A total of 43 blood bags were collected during the camp. Dr. Anand Dadas (Director) felicitated the entire team of Akshay Blood Centre and Mr. Kulkarni S. for their tireless efforts in making the event successful. Mr. Vivek Gurav expressed his vote of thanks and appreciated all the blood donors, volunteers, non-teaching and teaching staff for their contribution in making the event a success.

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21/06/2022 Yoga for Good Health



Figure 7Students participating for Yoga Session on International Yoga day

The Yoga session on 21/06/2022 was not only open to the students of the institute but also saw participation from students of a neighboring college's NCC unit, fostering a sense of community and shared learning. The presence of NCC students highlighted the physical and mental discipline that yoga can instill, aligning with the values of both educational and military training. Dr. Vikas Dole, HOD, MBA Department, took the lead in organizing the event, ensuring smooth coordination and participation. The session focused on basic yoga postures, breathing exercises (pranayama), and meditation techniques, which were designed to help students alleviate stress, improve focus, and enhance overall well-being. The participants left the session feeling rejuvenated, with a greater understanding of how yoga can contribute to both personal and academic success. The event was a success in promoting awareness of yoga's significance in maintaining a balanced and healthy lifestyle, especially for young students.

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26/02/2022 Sinhagad Fort Cleanliness-NSS Drive Objective

The objective of a Fort Cleanliness drive is to preserve historical sites, promote environmental awareness, engage the community in cleanliness efforts, and enhance the appeal of forts as tourist destinations





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Figure 8Students cleaning the fort for maintaining the heritage

On 26th Feb 2022, a cleanliness drive was organized at Sinhagad Fort by the National Service Scheme (NSS) with the aim of preserving and maintaining the historical site's natural beauty. The event brought together enthusiastic 25 NSS volunteers from MBA 1st Yr, all committed to making a positive impact on the environment and promoting responsible tourism. Activities: Clean-Up Efforts: Participants were divided into teams and covered different sections of the fort to collect and remove litter. They paid special attention to sensitive areas, such as water bodies and historical structures, to preserve their integrity. Segregation and Disposal: The collected waste was segregated into recyclable and non-recyclable categories, promoting environmentally responsible waste management practices. Awareness Campaign: Throughout the drive, volunteers engaged with visitors and tourists, spreading awareness about the significance of keeping heritage sites clean and respecting nature. Plantation Drive: To contribute positively to the environment, the NSS drive also included a plantation initiative, where native saplings were planted at designated areas around the fort.

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04/03/2022 Ewaste drive

Objective

The objective of an e-waste drive is to promote responsible recycling of electronic waste, protect the environment, raise awareness about e-waste hazards, ensure safe disposal, and recover valuable materials for reuse.





Figure 9Students and faculty participated in ewaste drive by Janwani

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Neville Wadia Institute conducted an e-waste and plastic collection drive on 4th March 2022,3:00-5:00 pm. The event started with the introduction of session Speaker. Mrs Jyoti Satav from Janwani an NGO, who focused on the biggest issue ewaste and plastic waste which have become pressing global issues due to their adverse effects on the environment, ecosystems, and human health. Students and faculty of NWIMSR donated many plastic waste and also electronic waste which was willing carried by the Janwani staff. Mrs Jyoti Satav concluded that efficient e-waste and plastic collection are crucial steps in mitigating environmental pollution and conserving natural resources

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14/3/2022 Dental Checkup Objective This drive was for the villagers. A social drive in kelgaon by NSS students



Figure 10Dr Vibha consulting the villagers for dental health

gers

with dental issues. They examined the individuals and provided appropriate solutions and precautions for their dental problems. The NSS volunteers actively participated in the event, showing great enthusiasm in assisting with the camp. The camp was a success, with 6 volunteers providing support and 24 villagers and 29 children availing the opportunity for dental checkups. The camp aimed to improve the dental health of the villagers and create awareness about the importance of oral hygiene. The day's activities not only addressed the dental health needs of the villagers but also provided valuable information and guidance to ensure better oral care in the future. The NSS volunteers continued to make a positive impact on the lives of the villagers during their special camp in Kelgaon, Pune.

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15/03/2022 Interaction with zilla parishad school children
Objective To empower students and support local education







Figure 11 Students encouraging the school children for higher education

MBA students visited the Zilla Parishad school at Khelgaon on 15/3/2022 to interact with its students, offering a unique opportunity to explore their talents and help them gain clarity about their future goals. Through engaging activities and discussions, the MBA students encouraged the children to discover their interests, strengths, and passions. They provided guidance on how these talents can be nurtured and connected to potential career paths. The interaction also included motivational talks, where the students were inspired to dream big and pursue their goals with confidence. This initiative aimed to broaden the horizons of the Zilla Parishad students, empowering them to envision a brighter future and take steps toward achieving their aspirations

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15/03/2022 Glimpses of Stress Management

Objective: To help individuals manage stress effectively for a balanced life



Figure 12Mr Manoj addressing how to overcome stress in life

On 15th March 2022, Mr. Manoj Chavan, a talented musician, and Mr. Rahul Shinde, a freelance choreographer associated with the renowned Remo D'Souza, conducted an engaging session on stress management. Their approach made the session enjoyable and insightful, especially given the lack of time many people have in their daily lives for self-care and stress relief. They shared practical strategies on overcoming stress, offering valuable insights into maintaining mental well-being amidst life's pressures.

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Objective

Educate on HIV/AIDS transmission and prevention, Promote safe sex, regular testing, and ART treatment, Reduce stigma and discrimination, Encourage testing and early diagnosis, Support people living with HIV/AIDS, Foster healthy behaviors and community engagement.

29/12/2021 End inequality, End Aids



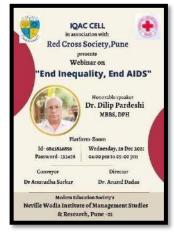


Figure 13Online session on AIDS in Covid era

Neville Wadia Institute conducted an online webinar in Zoom Platform on the topic End Inequality, End AIDS on 29th December 2021, 4:00-5:00 pm. The event started with the introduction of the session speaker Dr Dilip Pardeshi an MBBS doctor by profession in association with Red Cross Society. Dr Dilip Pardeshi started his speech on importance of AIDS awareness he highlighted that it is estimated that the majority of cases where the infection has been passed on are from those with undiagnosed HIV. It is important to take steps to reduce your likelihood of getting HIV. If you have unprotected sex, you are putting yourself at risk of getting HIV or another sexually transmitted infection. MBA students raised questions of how to educate people, to which answers like talking to local community and regional radio as well as newspapers about doing stories that will educate people about prevention, non-discrimination and care. Students took part in an interaction & cleared their misconception that mosquito bite cannot spread HIV, sharing clothes cannot spread HIV, Close kiss cannot spread HIV. Dr Dilip highlighted that Red Cross takes initiatives for such campaigns, students should get associated

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Objective of Measures for COVID-19

Vaccination, Hand hygiene and mask use, Social distancing, Testing and isolation, Quarantine protocols ,Public health awareness.Travel restrictions.

20/05/2021 Measures for Covid-19 by Education Minister Uday Samant for the Campus



Figure 14Education Minister Uday Samant visit to the campus, addressing covid measures to the modern education staff

Education Minister Uday Samant outlined comprehensive measures at Wadia College to manage COVID-19, prioritizing the safety and well-being of both staff and students. His plan included implementing stringent health protocols, such as mandatory mask-wearing, regular temperature checks, and maintaining social distancing on campus. To ensure a clean and safe environment, frequent sanitization of classrooms, common areas, and high-touch surfaces was emphasized. Recognizing the importance of uninterrupted learning, the minister advocated for online classes to minimize in-person interactions while maintaining academic progress. Additionally, vaccination drives were organized on campus to facilitate easy access to vaccines for students and staff, further strengthening immunity within the college community. Emergency plans, including isolation spaces and rapid response teams, were established to handle any COVID-19 cases swiftly and minimize potential outbreaks.

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Objective

The objective of a blood donation camp is to save lives, raise awareness about the importance of donating blood, contribute to community service, and ensure blood availability for emergencies.

22/01/2020 Blood Donation Camp





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Figure 15Blood donation camp in association with Sasoon Hospital

A Blood Donation camp was organized by Neville Wadia Institute of Management Studies and Research, Pune-411001 on Wednesday, 22nd January 2020. Total 129 students donated blood voluntarily at the camp organized in collaboration with Sassoon General Hospital Blood Bank, Pune. The camp was coordinated by MBA students Mr. Shubham Kare and Ms. Poonam Bagate under the guidance of Prof. Vinod Lalbeg. At the conclusion of the camp, our Director Dr. A. B. Dadas felicitated the Sassoon Doctors with bouquet and he appreciated the donors for donating blood and congratulated the Blood Bank Team for successfully conducting the camp. A Trophy and the certificate are awarded to the institute as a token of appreciation by Blood Bank.

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24/9/2019 Go Green Initiative

Objective

The objective of the Go Green Initiative: Tree Plantation is to promote environmental sustainability and community engagement through tree planting. The initiative aims to create a greener, healthier environment while instilling a sense of stewardship for nature in the community.





Figure 3Go green initiative in campus

Figure 2Students planting in the campus with other students in Campus

The Go Green initiative on 24/9/2019, centered around tree plantation, is a community effort aimed at promoting environmental sustainability and combating climate change. Through the planting of trees, the initiative seeks to increase green cover, improve air quality, and create a healthier ecosystem. Volunteers, including students, local residents, and environmental advocates, participate in planting saplings in public spaces, schools, parks, and other designated areas. The Go Green initiative not only fosters environmental awareness but also encourages people to take action in preserving nature and contributing to a more sustainable future. Students of MBA participated by planting saplings

Figure 4Go Green Initiative by MBA students in Campus

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16/07/2019 Organ Donation

Objective

The objective of **Organ Donation** is to save and enhance lives by providing critically needed organs to patients suffering from life-threatening conditions. Organ donation ultimately aims to create a culture of generosity and hope, reducing waiting lists and saving lives worldwide

On 16th July 2019, As part of a community outreach initiative, MBA students took the lead in educating children about the importance of organ donation. During interactive sessions, the students explained how organ donation can save lives, providing real-life examples and simplifying complex medical concepts to ensure the children understood the value of this life-giving act. In addition to working with younger audiences, the MBA students are also actively spreading awareness among their peers and the broader community, highlighting the need for informed decisions and dispelling myths surrounding organ donation. Through these efforts, they are fostering a culture of empathy, responsibility, and social contribution, encouraging more people to become aware and potentially register as organ donors



Figure 6Students orienting for organ donation



Figure 5MBA student orienting the children for organ donation

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21/06/2019 Yoga for good being **Objective**

The objective of International Yoga Day are to promote yoga for improved health, stress reduction, and mental well-being, raise global awareness of its benefits, celebrate India's cultural heritage, and foster peace and unity through its practice.



Figure 16Samuya Yoga by modern Education society, Dr Kinikar from Neville Wadia in front row

The International Yoga Day is celebrated every year on 21st June. This year International Day of Yoga 2019 is celebrated combine with all colleges in Wadia college campus Pune. International day of Yoga-common protocol training has been performed by the all participants in the presence of Dr. A. J. Hake, Dr. A. S. Chandak and Dr. N. K. Sanap (Management members of Modern Education Society) and other dignitaries Dr. K. S. Venkatraghwan (Principal, Nowrosjee Wadia College), Dr. Girija Shankar (Principal, Ness Wadia College) and Dr. A. A. Keste (Principal, MESCOE) on 21st June 2019, at 07.00 AM to 08.00 AM at Wadia college ground. Yoga training is provided to all participants by Yoga instructor Mrs. Shital Shinde with her assistance Mr. Kishan Khandekar and Mr. Kamble. The organization committee members are all NSS officers, NCC officers, SWO and Physical directors of all colleges in Wadia College campus, Pune. All teaching and non teaching staff members and students from all colleges in Wadia college campus are participated in this event. Mrs Shital Shinde is the Instructor for the Yoga Sessions.

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26/06/2019 Distributing Food packets to Warkharis (Palki)

Objective

The objective of distributing food to Warkaris during the Palkhi is to support their spiritual journey, show compassion, promote social harmony, and uphold the tradition of the Wari pilgrimage.





Figure 17Dr Vikas distributing food packets to pilgrimers for palki



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Dr. Vikas Dole along with a group of MBA students on 26th June 2019, actively engaged with the Warkaris, pilgrims who participate in the traditional religious procession known as the Wari, which holds deep cultural and spiritual significance in Maharashtra. This initiative was designed not only to offer essential support and services to the pilgrims but also to foster a spirit of community engagement, cultural understanding, and social responsibility among the students. The MBA students engaged in various activities, such as organizing refreshment stalls to provide food and water to the Warkaris, offering first aid for minor injuries, and assisting in crowd management to ensure safety during the procession. This experience allowed them to gain insights into the cultural heritage and spiritual devotion of the Warkaris, who undertake the pilgrimage as an act of faith. Through this initiative, the students developed a sense of social responsibility and honed their skills in teamwork and community service, reflecting Dr. Vikas Dole commitment to nurturing empathetic and socially conscious individuals.

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15/3/2019 Maher Good and Bad Touch to young girls in Orphanage



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Figure 18Dr Radha Louis with the girls at Maher



about the critical issue like good and bad touch, importance of education and living a secure, empowered life. She spoke to the girls about how education is a powerful tool that can open doors to opportunities and selfreliance, urging them to take their studies seriously and dream big for their future. Dr. Louis also highlighted the importance of building a secure and safe life by making informed decisions, knowing their rights, and being aware of support systems available to them. Through her words, she inspired the girls to believe in themselves and work towards creating a brighter, independent future.

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06/09/2018 Blood Donation Camp by Sasoon Hospital

Objective

The objective of a blood donation camp is to save lives, raise awareness about the importance of donating blood, contribute to community service, and ensure blood availability for emergencies.



Figure 22 Blood donation by Sasoon Hospital



Figure 21 Letter of Appreciation by Sasoon Hospital

On 6th September 2018, Neville Wadia Institute of Management Studies and Research, in collaboration with Sassoon General Hospital Blood Bank, successfully organized a blood donation camp. Under the leadership of Prof. Vinod Lalbeg and the guidance of Dr. A. B. Dadas, Director of the institute, the camp saw remarkable participation from students and staff alike. With the collective efforts of the students and staff, the institute proudly collected 52 bags of blood, contributing to saving lives and supporting the community's health. This initiative reflects the institute's dedication to social responsibility and community welfare.



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21/06/2018 Yoga and Health

Objective The objective of International Yoga Day are to promote yoga for improved health, stress reduction, and mental well-being, raise global awareness of its benefits, celebrate India's cultural heritage, and foster peace and unity through its practice.





Figure 20 Prof Karuna and Dr Randhir in campus Yoga

Figure 19 Five Institutes participated in the Yoga Session

On 21st June 2018, Modern Education Society proudly celebrated International Yoga Day, fostering a spirit of unity and well-being across all colleges on the campus. In collaboration with the National Institute of Naturopathic Medicine, Pune, the event attracted students and staff who came together to practice yoga in a serene and inspiring environment. Participants engaged in a range of yoga asanas, pranayama (breathing techniques), and meditation, aimed at promoting both physical fitness and mental clarity. Expert instructors from the institute guided the session, emphasizing the benefits of yoga for stress management, improved concentration, and overall health. The event not only highlighted the significance of maintaining a balanced lifestyle but also deepened the connection between mind, body, and spirit. The celebration served as a reminder of yoga's potential to enhance well-being and foster a more harmonious and focused academic environment.

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